

Purple Cow Leadership!

Positive Thinking

Unchain

Relationships

Perseverance

Leadership

Energy



1. Positive mindset
2. Knowing yourself and your WHY
3. Building strong, productive relationships
4. Perseverance and Grit
5. Sherpa/Servant Leadership
6. Positive, Solution-Oriented and Contagious Energy

DISCUSSION:

- Which 2-3 strategies do you feel confident you're effective in / expressing? One thing you've done to grow in that area?
- What 1-2 do you not feel as confident in and want to focus on?



Understand Your Strengths/Skills, Opportunities/Weaknesses & WHY!



The more you know yourself,
the more **patience** you have for
what you see in others.

-Erik Erikson, Developmental Psychologist

Breakout Room Exercise – Professional Self-Image/Value Proposition: First do a self-audit and write down 3-5 strengths for yourself and your team members. Then share with each other. How did they line up? What did you take away?

Recommended Personality Assessments: 1.) <https://febiassessment.com/test/mini-febi/> (Apex uses for Emerging Leaders), 2.) 16personalities.com, 3.) <https://www.viacharacter.org/> (suggested in Happiness Advantage), 4.) Strengths Finder, 5.) DISC



What actions / traits create better relationships?



Group Discussion: Saby asked participants to share the key traits that create strong relationships. What are yours? What 2-3 do you feel you're strongest in? What's your area of opportunity?



Relationship Building!



Key Relationship Building Principles:

1. GET Formula
2. 100/0 Principle: take full responsibility of relationship, expecting nothing in return

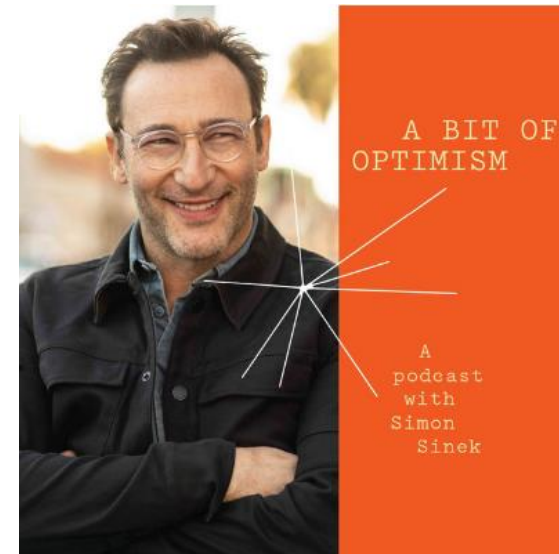
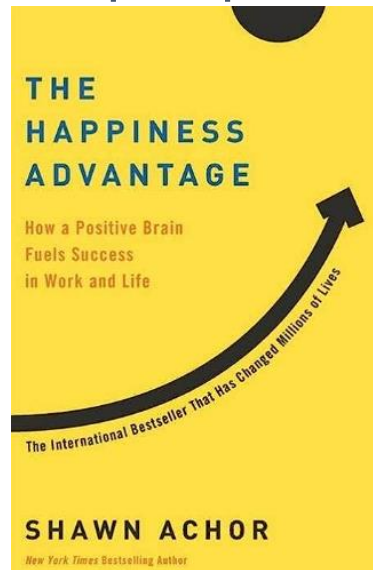
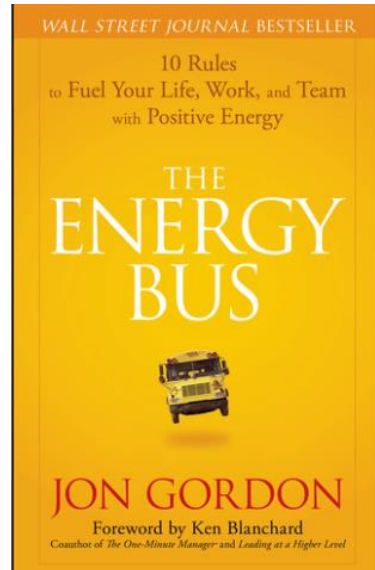
Follow Up Resource: [Article – Improve Work Relationships with the 100/0 Principle!](#)

Discussion – 1.) How do you express gratitude to your team and others you work with? Show empathy? Build trust? 2.) What ELSE is a key part of a successful relationship-building formula?



Discussion: Positive Attitude and Contagious Energy

1. How do you influence mood/energy and shift your ANTS (i.e. automatic negative thoughts)?
Your team's ANTS?
2. Identifying and mitigating any “energy vampires” is a crucial leadership task. Who has had a negative culture contributor? How did you handle?
3. Saby recommended ‘The Secret’ (book). Do you have a book, podcast, article, etc. recommendation that has shifted your perspective? A quote/motto you live by?



Wrap Up

1. Poll
2. Upcoming Webinars
3. SHARE in Chat Box:
What's 1+ action
you're going to
commit to over the
next month+?

Leadership LnL Topics

1. Which topic/s would you like us to prioritize for future LnLs? (Multiple Choice) *

- 1. Influencing / Driving Change
- 2. Goal Setting: Achieving Personal and Professional Goals
- 3. Decoding Personality Traits to Boost Relationships
- 4. How to Get Your Team Unstuck & More Productive/Driving Results
- 5. Maximize Productivity While Reducing Stress
- 6. Team Coaching: How to Stretch and Develop Others
- 7. Driving Purpose: How to Help Team Members Find, Feel and Fuel their Purpose
- 8. Hiring Tips n' Tricks: How to Attract, Engage and Entice Top Talent
- 9. Delivering Effective Employee Feedback + Recognition Ideas
- I dislike all of these, give me more options!

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Several are worth CEU credits for anyone with a CompTIA cert; a ton are worth PDUs & CDUs (PMI + IIBA)!

